

Study Physical Education at USP

With eight dedicated physical education courses in the undergraduate programme, students can now Major in Physical Education at USP for the first time ever



The courses are grounded in the Pacific cultural experience and will also draw on the latest regional and international research, policy and practice. The curriculum is underpinned by the concept of physical literacy which is all about developing knowledge and behaviours that give children the motivation and confidence to enjoy active lifestyles. We have a lot of challenges in the Pacific and quality physical education will set our Pacific children on a path to happier, resilient and healthier lives and pave the way for a more productive Pacific.

Students in schools across the Pacific have a right to access quality physical education from qualified physical education teachers. These courses at USP will equip Bachelor students with the skills and knowledge to become Physical Education teachers. The PE Major includes a comprehensive range of courses including: Human Movement and Culture in the Pacific, Teaching Games for Understanding, Swimming and Aquatic Safety, Outdoor Education and Leisure, Inclusive Sports Performance, and Sports Education and Coaching.

The PE courses are all offered in a blended format so students can learn from wherever they are across the Pacific from USP's 12 Member Countries. The courses will be offered to both pre-service and in-service students and selected courses are also open to students enrolled in Bachelor of Education programmes across Early Childhood, Primary, Secondary, and Special and Inclusive Education.

No matter what stage you are at in your career whether you are just starting your University studies, or you are an experienced teacher looking to continue your professional development – come to USP and learn to teach Physical Education the Pacific way!

Enrol now to start the new PE Major programme from Semester 1, 2021.

www.usp.ac.fj